

**2020 ONTARIO MASTERS LIFESAVING CHAMPIONSHIPS – WATERFRONT**  
**Registration Package**

***The Lifesaving Society invites you to the Ontario Masters Lifesaving Championships - Waterfront  
hosted by the City of Toronto***

DATE August 14, 2020

LOCATION Bluffer's Park Beach, Toronto. See [www.lifesavingsociety.com](http://www.lifesavingsociety.com) for map.

COMPETITION The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the 2019 Edition of the *ILS Competition Rule Book*, the 2019 Edition of the *Canadian Competition Manual*, the 2020 Edition of the *Ontario Competition Manual*, and any 2020 Communiqués. Go to [www.lifesavingsociety.com](http://www.lifesavingsociety.com) for details.

ELIGIBILITY All competitors must hold a current Bronze Medallion or higher certification and be a registered athlete. Masters competitors must be at least 30 years of age by August 14, 2020.

AGE GROUPS 4 categories: 30-39, 40-49, 50-59, 60 and over.

PROGRAM OF EVENTS

	Divisions
<b>Individual Events</b>	<b>Masters</b>
Beach Flags	15m
Beach Run	1000m
Board Race	600m
Oceanman/Oceanwoman	300Sw/400B/600Sk
Surf Race	300m
Surf Ski Race	600
<b>Team Events</b>	<b>Masters</b>
Oceanman/Oceanwoman Relay	300Sw/400B/600Sk (x3)

ENTRY DEADLINE **Registration must be received by Wednesday July 29, 2020.** Refunds will not be issued after July 29<sup>th</sup>, nor will they be issued for clubs or competitors who do not show up for the Championships.

ENTRY FEES

Competitor Fee	Individual Event Entry Fee	Team Event Entry Fee
\$22.05 per each competitor	\$8.85 per competitor per event	\$11.00 per team per event

ACCOMMODATION

Days Inn, Toronto East Lakeview, 2151 Kingston Rd, 416-261-8100. Please specify **Lifesaving Society** when booking your room to ensure the group rate of \$95.00 plus tax, per night includes hot continental breakfast, internet and parking. **Booking deadline July 24, 2020.**

REGISTRATION

Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, American Express or MasterCard – to:

Lifesaving Society  
Attention: 2020 Competition Registration  
400 Consumers Road  
Toronto, Ontario M2J 1P8

Phone: 416 490 8844  
Fax: 416 490 8766  
Email: sport@lifeguarding.com

**2020 ONTARIO MASTERS LIFESAVING CHAMPIONSHIP – WATERFRONT SCHEDULE**

**Friday August 14<sup>th</sup>**

- 7:00 am Officials Meeting Bluffer's Beach
- 7:45 am Opening Ceremonies
- 8:00 am Beach Run
  - Oceanman/Oceanwoman
  - Board Race
  - Surf Race
  - Ski Race
  - Oceanman/Oceanwoman Relay
  - Beach Flags
  - Awards Presentation

\*\* There may be up to two arenas running at the same time.

\*\* Competitors are required to provide their own bathing cap. Club caps are not required to match.

**PLEASE NOTE:** An equipment pool will not be provided for competitors. Athletes are encouraged to make arrangements prior to the competition. Boards and skis are available to rent from the Lifesaving Society.

Rental of equipment can be arranged in advance for the competition, shipping to and from beach will be included.

Racing Skis	Adjustable seat (paddle not included)	\$300.00
Paddle	Carbon Fibre/Nylon	\$ 50.00
Racing Boards	Small (up to 145 lb. / 65 kg)	\$200.00
	Medium (up to 165 lb. / 75 kg)	
	Large (up to 200 lb. / 90 kg)	

To arrange your rental, contact Renata Jaciw-Zurakowsky at [renataj@lifeguarding.com](mailto:renataj@lifeguarding.com). Equipment is rented on a first come, first serve basis and applicable taxes will apply.



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*Please use one form for each club (Type or BLOCK letters only).*

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach  Name		(     )  Home/cell phone
Email (that will be checked regularly in the week preceding the championship)		(     )  Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries.		
Competitor fee	@ \$22.05 / per person =	
Individual Event Entry fee (per competitor per event)	@ \$8.85 / event =	
Team Event Entry fee (per team per event)	@ \$11.00 / event =	
TOTAL AMOUNT OWING		
<b>Payment</b>		
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money order	<input type="checkbox"/> Visa
<input type="checkbox"/> MasterCard	<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card #	Expiry Date	
_____		_____
Card holder name	Card holder signature	

*Mail, fax or email to:*  
*Lifesaving Society*  
*Attention: 2020 Competition Registration*  
*400 Consumers Road*  
*Toronto, Ontario M2J 1P8*  
*Fax 416 490 8766*  
*Email: sport@lifeguarding.com*

**2020 ONTARIO MASTERS LIFESAVING CHAMPIONSHIP – WATERFRONT**

**Waiver & Release Form**

*Please read carefully before signing*

**1. Conduct**

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

**2. Voluntary Assumption of Risk**

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

**3. Waiver of Liability**

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

**4. Model Release**

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos, the publishing of my name for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

*I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.*

**Print name**

**Signature**

**Date**

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COACH:

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**Competitor Registration**

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following (select ONE only):

- 30-39 yrs.    40-49 yrs.    50-59 yrs.    60 yrs. & Over

Clubs may enter unlimited number of competitors in each event. Competitors are allowed to enter each event only once.

<i>Competitor Name</i>	<i>Age</i>	<i>Gender</i>	<i>Registered Athlete Number</i>	<i>Birthdate (yy/mm/dd)</i>
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